

**St. Maximilian Kolbe Women's ACTS Retreat**  
**February 15, 2024, 5pm – February 18, 2024, 12pm Mass**  
***“Your ways, O Lord, are love and truth.”***  
**Psalm 25:10**



Thank you for registering for the St. Maximilian Kolbe Women's ACTS Retreat. The goal of the retreat is to deepen our relationship with Jesus Christ, renew ourselves spiritually, give new meaning to our prayer life, the Mass, and build lasting friendships with fellow parishioners.

The retreat is being held at Our Lady of Perpetual Help Retreat Center. It begins Thursday evening when you are greeted and checked-in at St. Maximilian Kolbe in the KOLBE HALL. It ends Sunday with our return to St. Maximilian Kolbe for the 12:00 PM Mass. Retreatants and their loved ones are invited to a fellowship reception in KOLBE HALL after mass on Sunday. Round-trip transportation from St. Maximilian Kolbe Church to the retreat center is provided for Retreatants.

The cost per retreatant is \$225.00. Financial difficulties should not prevent anyone from attending the retreat. If you are unable to pay all or part of the fee, you may request financial assistance on the registration form. *Registered parishioners at St Maximilian Kolbe are given priority, and remaining slots are available to non-parishioners.*

You will receive a confirmation letter prior to the retreat with detailed information about check-in times, what to bring, etc.

**To reserve your place, we must receive both a completed registration form and deposit/payment.**

**Please note: After registration, if you are unable to attend the retreat, please notify:**

**Valerie Delafosse (713-305-5578), Mallika Chowdhury (973-460-0656)**

**Melanie Manalang (832-715-2708), or Mary Gwynne (832-541-5697)**

**as soon as possible as space is limited.**

Completed forms & fees may be mailed or hand-delivered and are numbered upon receipt.

**2024 Women's ACTS Retreat**  
**St. Maximilian Kolbe Catholic Church**  
**10135 West Rd, Houston, TX 77064**

Make checks payable to **St. Maximilian Kolbe**  
Please include **Women's ACTS Retreat** in the memo field

For more information, contact:

Valeire Delafosse (Retreat Director) 713-305-5578, Mallika Chowdhury (Co-Director) 973-460-0656

Melanie Manalang (Co-Director) 832-715-2708, Mary Gwynne (Spiritual Director) 832-541-5697



**St. Maximilian Kolbe Women's ACTS Retreat**  
**February 15, 2024, 5pm – February 18, 2024, 12pm Mass**  
***“Your ways, O Lord, are love and truth.”***  
**Psalms 25:10**

**What is an ACTS Retreat?**

An ACTS retreat is a three-day and three-night Catholic lay retreat presented by fellow parishioners. The retreat begins on Thursday evening and ends the following Sunday at a Mass celebrated with the parish community. Retreats for men, women and teens are given separately. Talks and activities during the retreat focus on Adoration, Community, Theology, and Service, from which the ACTS acronym is derived. Holy Scripture and the teachings of the Roman Catholic Church are the guides for the retreats. The retreat takes on the traditions and atmosphere of the parish community sponsoring it. The retreat itself facilitates the attainment of a new or deeper relationship with our Lord through: Adoration - the call by, acceptance of, and response to God; Community - the love and caring of each other; Theology - the study of God through scripture and the Catholic Faith; and Service - to God, his people and the parish faith community. Each retreat is conducted by a retreat "team" composed of individuals who have attended prior ACTS retreats. Discerned by the retreat Director, the team organizes the retreat, conducts the retreat talks and activities, and ministers to the needs of the retreatants during the retreat weekend.

**What is the purpose of an ACTS retreat?**

An ACTS weekend is designed to help the retreatants enter into a new or deeper relationship with our Lord and our fellow parishioners. This is accomplished through fellowship and daily prayer, the call to community in one's parish as a member of the Body of Christ, and theology in encouraging the study of scripture and our Catholic Faith. All of these actions encourage the virtue of service to our Lord, our parish, and one another.

**What is the goal of an ACTS retreat?**

A parish ACTS retreat strives to achieve the directives of Vatican II and goals of the Revised Code of Canon Law of 1983 which emphasize "community and pastoral care" within a parish. The weekend allows the retreatants to experience God's love and joy. They return to their parish with a deeper love for each other and a desire to become more involved in their parish faith community.

**Why attend an ACTS retreat?**

The weekend can be a powerful and enduring personal conversion experience. Talks, which draw from the personal experiences of team members, focus on Adoration, the need for prayer and meditation on the word of God; Community, the importance of community built on faith and love; Theology, the need to read and understand scripture and our Catholic Faith; and Service, the need to answer Christ's call to service. Activities conducted during the weekend give retreatants a better understanding of the significance and importance of prayer, liturgy, the sacraments, scripture, community, and service. It is a powerful community building experience for a parish. The ACTS weekend brings the retreatants to a better understanding of God's love for them, and also develops their need to share that love with others through their involvement in a faith-centered parish community. The retreat emphasizes our call to serve our parish community and the greater world community. Frequently, the retreatant experiences a new or renewed dedication to the life of the parish community and a new recognition of the needs of those around us and of our obligation, as followers of Christ, to help meet those needs.

**Who can attend an ACTS retreat?**

ACTS retreats are open to all Christians. While ACTS is a Catholic retreat, it is open to other Christians who are open to learning about the Roman Catholic faith.



**St. Maximilian Kolbe Women's ACTS Retreat**  
**February 15, 2024, 5pm – February 18, 2024, 12pm Mass**  
***“Your ways, O Lord, are love and truth.”***  
**Psalms 25:10**

Name: \_\_\_\_\_ Preferred name or nickname: \_\_\_\_\_

Complete Address and Zip: \_\_\_\_\_  
\_\_\_\_\_

Phone #'s (Preferred) \_\_\_\_\_ – \_\_\_\_\_ – \_\_\_\_\_ (Alternate) \_\_\_\_\_ – \_\_\_\_\_ – \_\_\_\_\_

Preferred EMail Address \_\_\_\_\_

Name of Spouse or Significant Other: \_\_\_\_\_ Relationship \_\_\_\_\_

Phone # (Preferred) \_\_\_\_\_ – \_\_\_\_\_ – \_\_\_\_\_ E-Mail \_\_\_\_\_

**Emergency Contacts/Prayer Support (Must have at least two):**

Contact #1: Name \_\_\_\_\_ Phone # \_\_\_\_\_ – \_\_\_\_\_ – \_\_\_\_\_

Contact #2: Name \_\_\_\_\_ Phone # \_\_\_\_\_ – \_\_\_\_\_ – \_\_\_\_\_

Contact #3: Name \_\_\_\_\_ Phone # \_\_\_\_\_ – \_\_\_\_\_ – \_\_\_\_\_

Name of Parish or Church \_\_\_\_\_ City: \_\_\_\_\_

Did someone invite you to this retreat? \_\_\_\_ Yes \_\_\_\_ No If yes, who? \_\_\_\_\_

Have you ever attended an ACTS Retreat? \_\_\_\_ Yes \_\_\_\_ No If yes, when and where? \_\_\_\_\_

Do you have any special **dietary, medical, mobility, or personal needs (including allergies)**?

Yes \_\_\_\_\_ No \_\_\_\_\_ If Yes, we will contact you about your special needs.

Please check appropriate boxes: Make checks payable to St. Maximilian Kolbe, with ‘Women’s ACTS Retreat’ written in memo

\_\_\_\_\_ I have included a registration deposit of \$50.00

\_\_\_\_\_ I have included full registration fee /payment of \$225.00

\_\_\_\_\_ I request financial assistance

**Turn in the completed form and deposit/payment during registration or submit to the St. Maximilian Kolbe Church office. The cost per retreatant is \$225.00. This fee covers room and board, meals, transportation, and retreat materials. Registration is first come, first serve, with a waiting list. To reserve your place, a non-refundable deposit of \$50.00 should be submitted with this form. We will advise you of the remaining balance due two weeks before the retreat begins. Forms must be completely filled out to be accepted. Forms will have the date and time stamped upon receipt. We will acknowledge your application shortly after it is submitted.**

***Please note that financial difficulties should not prevent anyone from attending the retreat. If you are unable to pay all or part of the fee, financial assistance is available by checking the appropriate line on this registration form.***